

NUTRITION

Information based on industry averages
applied to our portion sizes

	Cal (kcal)	Fat (g)	Carbs (g)	Protein (g)	Salt (g)
GDA*	2000	70	230	45	6
M Chips	300	12	32	3.5	0.2
M Cod & Chips	950	32	55	39.7	1.1
L Had'k & Chips	1020	45	70	50	1.8
M Plaice+ Chips	990	38	59	42	1.4
M Rock+Chips	1010	52	65	41	1.2
J.Batt.+Chips	700	52	41	13.5	2.9
S.Plain+Chips	455	22	35	12	1.4
Pie+Chips	730	37	62	20.5	2.4
4oz+Chips	735	29	54	32.5	1.9
Sav.+Chips	612	31	42	18	3
F.cake+Chips	456	21	44	9.5	1.1
C.Nug.+Chips	520	24	45	15.5	0.5
Roe+Chips	476	23	39	14.5	1.4
V.Burg.+Chips	659	29	61	23.5	1.9
Onion Rings	250	19	14.8	3.5	0.1
Mushy Peas	130	0.9	21	9.5	1
Curry Sauce	170	10	9	0.5	2.1
Pea Fritter	164	7	19	6	0.8
P.Apple Fritter	220	16	25	3.9	0.1

*GDA - Guideline Daily Amounts based on the average requirements of an adult woman.

Sources used for calculations include : foodlabel.org.uk ,
federationoffishfriers.com , nutracheck.co.uk , caloriecount.com ,

*All items on this menu should be consumed
as part of a balanced and varied diet*

Disclaimer: Any information contained in this leaflet (such as
prices and opening times) may change without prior notice.

FRYING TIMES

	Morning	Evening
Weekdays *	11:30—14:00	16:30—22:00
Saturdays	11:30 -	22:00
Sundays	12:00 -	21:00

***Open all day during Summer Holidays**
(from end of July to beginning of September)

****Closed on Sundays during Winter period**

Open Every Bank Holiday
(12 - 9pm)

DELIVERIES

£2.50 charge within 1 mile radius

£1 per mile after the first mile

£10 minimum order

30/45 minutes Average Delivery time

CONNECT WITH US

On social media



walmerfishandchips

For more info. visit our website

www.walmerfishandchips.com



*Traditional
British Take Away*



**01304
381712**

36 The Strand - CT14 7DX

FISH

All fish can be traced back to sustainable sources.

*All fish is cooked to order in a thin
and crispy, dairy-free, egg-free batter.*

	S	M	L
Cod	£3.00	£4.00	£5.00
Rock		£4.00	£5.00
Plaice		£4.00	£5.00
Haddock			£5.00
Scampi (12) *			£4.60
Skate (wing)			£5.50
Cod Roe			£1.30
Fish Cake *			£1.30
White bait *			£4.00

For speciality fish, check with us on the day

All Fried in Vegetable Oil

CHIPS

*Freshly peeled and chipped real potatoes
prepared on site daily*

Small	Medium	Large	XLarge
£1.10	£1.60	£2.10	£2.90

For **child's meals** & **OAP meals** combine the 'small
chips' with any other item on this menu

The "Medium" is the Regular/Standard Adult portion

Add CHEESE on your Chips for £1

SAUSAGES

Selection of sausages available plain or with batter

Jumbo	£1.70
Small	£1.00
Saveloy	£1.70
Veggie Sausage (V)	£1.30
Gluten Free Jumbo	£1.70

BURGERS

*Can be served with a selection of dressings and sauces
(Onions, Lettuce, Ketchup, Mayo, Burger Sauce)*

2Oz Beef Burger	£2.40
4Oz (1/4 pounder) Beef Burger	£3.00
8Oz (1/2 pounder) Beef Burger	£4.70
Chicken Burger	£2.80
Veggie Burger * (V)	£3.00
Slice of Cheese	10p

CHICKEN

100% Whole muscle chicken

Breast Quarter	£3.50
Leg Quarter	£3.00
Nuggets (6)	£3.00

FRITTERS

Selection of fritters - homemade and battered to order

Pea Fritter (V)	£1.50
Pineapple Fritter (V)	£1.50
Spam Fritter	£1.50

PIES

Selection of Pukka Pies and Peter Pies

Chicken & Mushroom	£2.30
Steak & Kidney	£2.30
Beef & Onion	£2.30
Cornish Pasty	£2.30
Cheese & Onion Pasty (V)	£2.30

EXTRAS

Selection of Sides, Pickles, and Sauces

Onion Rings (8) (V)	£1.50
Pancake Rolls (V) (Vegetable / Curry / Chinese)	£2.20
Breaded Mushrooms (8) * (V)	£2.00
Pickles (Egg / Onion / Gherkin)	50p
Bread Roll	50p
Sauce Sachet (Tartare / Mayo / Ketchup)	30p
Sauce Bottle	£2.00
Vinegar bottle	£1.50
Mushy Peas / Curry Sauce / Gravy	£1.20

DRINKS

Selection of hot drinks and soft drinks

Cold Drinks	£1.00
Tea / Coffee	£1.50

Gluten free batter available

* = Items in Breadcrumbs

(V) = Items suitable for vegetarians